

CALD Service Info Sheet:

Multicultural Resources for Working with Culturally Diverse Clients. July 2008

Cultural Profiles

Want to know more about a specific cultural group ~ social -political history, customs, religious beliefs, communication style, languages & festivals?

- Look up the cultural profile in the Migrant Information Centre's Home & Personal Care Kit (2004) at www.miceastmelb.com.au/cultural_resources. Alternatively, contact MIC on 9285 4888 to order a hard copy.
- Go to the DHS website: www.dhs.vic.gov.au/disability and download a copy of the EMR Multicultural Resource Directory for Disability Services (2005) This document contains 112 pages of useful information on CALD resources such as support and health organisations, media, medical practitioners and embassy contact details.

Calendar of Cultural and Religious Dates

Find out about upcoming cultural and religious festival dates, feast days and name days at the Department of Immigration and Citizenship website: [www.immi.gov.au / living in Australia/a-diverse-Australia/calendar of cultural and religious dates](http://www.immi.gov.au/living_in_Australia/a-diverse-Australia/calendar_of_cultural_and_religious_dates).

Cultural Awareness Training for Respite Staff

There are a range of CALD training workshops available to respite staff within EMR and other regions:

- Migrant Information Centre, Box Hill. PH: 9285 4888.
MIC provide a calendar of half day workshops on cultural awareness, and understanding specific cultural communities within Eastern Region. These workshops are free to Disability and HACC funded staff. Email: mic@miceastmelb.com.au
- Prioletti Consultants. PH: 0438 846 584 www.prioletticonsultants.com.au
This company provides training workshops on a range of topics including cultural communities in Melbourne, using interpreter services, cultural awareness and multicultural forums. Workshops are approx. 2 hrs duration and cost under \$50.
- ADEC, Preston. PH: 9480 1666. www.adec.org.au
ADEC provide a range of training options for staff in health and disability services working with CALD clients. They will tailor a workshop or session to the needs of staff or programs. Contact the Education Manager for further information.
- Centre For Culture, Ethnicity & Health (CEH) Carlton. PH: 9342 9700 www.ceh.org.au
CEH also provide a range of workshops on working with CALD clients in the context of health and disability service provision. The cost of workshops vary.

Other Resources

- Find a GP in Your Area Who Speaks Your Language: Go to www.betterhealthchannel.vic.gov.au and click on health services search, select the languages option and enter language, postcode and service type. The search engine will find matching services within a 10km radius of your postcode.

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